

# Patrick Hollingworth



Patrick Hollingworth is a Leadership Speaker and Senior Leadership Consultant with Executive Development Associates. He works with clients across the globe to help their leaders and teams get comfortable getting uncomfortable in an organizational landscape which is becoming more volatile, uncertain, complex and ambiguous by the day.

He is an everyday family man from Sydney, Australia. He's also a high-altitude mountaineer, and a leadership, teamwork and safety expert. He worked towards his own personal goal of an unguided ascent of Mount Everest for ten years, and in 2010, after a lot of hard work and perseverance, he achieved it.

Standing on the summit of the world's highest mountain reinforced his belief that the benefits of taking oneself out of their comfort zone far outweighs the initial discomfort experienced.